

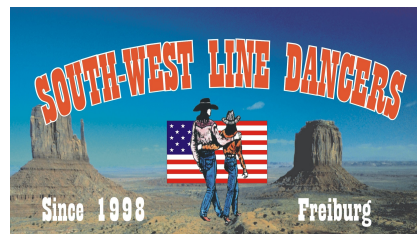
# Boogie Mood

48 Count, 2 Wall, Level: Intermediate

Choreographer: Harry Schalk (AUT) – 2022

**Music: Choo Choo Ch 'Boogie – Swingabella**

**or: Down the Road Apiece – The Refreshments**



**Restarts in der 2., 5. & 7. Runde nach 32 Counts**

*Alt.: Down the Road Apiece by The Refreshments – NO RESTARTS Start Dance at Singing*

## **Sec. 1: Shuffle R, Back Rock, Touch L, Cross Hitch, Touch L, Cross Flip**

1 & 2 RF Step right, LF next to RF, RF Step right

3 – 4 LF Step back, Weight back on RF

5 – 6 LF Toe touch left, LF Knee lift cross over RF

7 – 8 LF Toe touch left, LF lift back behind RF

## **Sec. 2: Shuffle L, Back Rock, Touch R, Cross Hitch, Touch R, Cross Flip**

1 & 2 LF Step left, RF next to LF , LF Step left

3 – 4 RF Step back, Weight back on LF

5 – 6 RF Toe touch right, RF Knee lift cross over LF

7 – 8 RF Toe touch right, RF lift back behind LF

## **Sec. 3: Step R, Touch L, Step back L, Kick R, Coaster Step, Hold**

1 – 2 RF Step fwd, LF Toe touch next to RF

3 – 4 LF Step back, RF kick fwd

5 – 6 RF Step back, LF next to RF

7 – 8 RF Step fwd, Hold

## **Sec.4: Twist Steps fwd L, Hold, R, Hold, L – R – L – R**

1 – 2 LF Step fwd and Twist both Heels reight, Hold

3 – 4 RF Step fwd and Twist booth Heels left, Hold

5 – 6 LF Step fwd and Heels right, RF Step fwd and Heels left

7 – 8 LF Step fwd and Heels right, RF step fwd and Heels left ( Weight on LF)

**\*\*\* RESTART in Wall 2, 5 and 7 at Choo Choo Boogie**

## **Sec.5: Kick Ball Change, Step R, Pivot ½ Turn L, Cross, Touch L, Cross, Touch R**

1 & 2 RF kick fwd, RF next to LF, Weight back on LF

3 – 4 RF Step fwd , ½ Turn left on both Legs

5 – 6 RF cross over LF, LF Toe touch left

7 – 8 LF cross over RF, RF Toe touch right

## **Sec. 6: Out R, Out L, In R, In L, Step R, Step L, Heel lift**

1 – 2 RF Step right diagonal fwd, LF Step left diagonal fwd

3 – 4 RF Step to center, LF next to RF

5 – 6 RF Step fwd, LF next to RF

7 – 8 Lift both Heels ( bend your Knees), Heels on Ground

**Start the dance again ...**